



2026

WUSHU HEROES

NEW ZEALAND WUSHU RANKING OPEN TOURNAMENT

WUSHU • SANDA • TAI CHI

 22nd – 23rd AUGUST 2026

 BARFOOT & THOMPSON STADIUM, AUCKLAND

CO-ORGANISERS



WUSHU
DEVELOPMENT TRUST
NEW ZEALAND



SPECIAL SUPPORTER



中国文化中心 | 奥克兰
CHINA CULTURAL CENTRE | AUCKLAND

REGISTRATION QR CODES





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1. General Information / 基本信息

1.1 Overview of Auckland / 奥克兰概况

Auckland is the most populous city in New Zealand and is located on the North Island. It is widely known as the “City of Sails” because of its many harbours, coastal scenery, and strong sailing culture. With a population of about 1.6 million, Auckland accounts for more than one third of New Zealand’ s total population. The city is multicultural, economically active, and rich in lifestyle, making it an important centre for business, tourism, education, culture, and the arts.

奥克兰是新西兰人口最多的城市，位于北岛。由于拥有多个海港、优美的海岸景观以及浓厚的帆船文化，奥克兰被誉为“帆船之都”。奥克兰人口约160万，占新西兰全国人口三分之一以上。这里多元文化交融，经济活跃，生活方式丰富，是新西兰重要的商业、旅游、教育、文化和艺术中心。

Auckland has a subtropical oceanic climate. Summer temperatures are generally around 24 to 26 degrees Celsius, while winter temperatures are usually around 14 to 16 degrees Celsius. Rainfall is distributed throughout the year, with slightly more rain in winter. The weather is often sunny but changeable, and Auckland is considered one of the warmest and sunniest cities in New Zealand.

奥克兰属亚热带海洋性气候，夏季气温通常为24至26摄氏度，冬季气温约为14至16摄氏度。降雨全年分布较均匀，冬季稍多。奥克兰阳光充足，但天气变化较快，是新西兰较温暖、日照较充足的城市之一。

The standard voltage in New Zealand is 230/240 volts, with a frequency of 50 Hertz. The socket type is Type I, the same as in Australia. The international dialing code for New Zealand is +64, and phone numbers are



generally dialed in the format +64 followed by the area code and local number.

新西兰标准电压为230/240伏特，频率为50赫兹，插座类型为Type I，与澳大利亚相同。新西兰国际电话区号为+64，拨号格式通常为+64加地区码及本地号码。

1.2 Main International Airports in New Zealand / 新西兰主要国际机场

New Zealand has several major international airports. Auckland International Airport, coded AKL, is the largest and busiest airport in the country and serves as the main international aviation hub. Christchurch Airport, coded CHC, is the major international gateway to the South Island. Wellington Airport, coded WLG, serves the capital city and mainly operates routes to Australia and Pacific destinations. Queenstown Airport, coded ZQN, operates seasonal international flights, while Dunedin Airport, coded DUD, has a limited number of international services, mainly to Australia.

新西兰拥有多个主要国际机场。奥克兰国际机场，机场代码AKL，是新西兰最大、最繁忙的机场，也是主要国际航空枢纽。基督城机场，机场代码CHC，是南岛主要国际门户。惠灵顿机场，机场代码WLG，服务首都地区，航线以澳大利亚及太平洋地区为主。皇后镇机场，机场代码ZQN，提供季节性国际航班。达尼丁机场，机场代码DUD，国际航班较少，主要飞往澳大利亚。

Auckland International Airport is located approximately 20 kilometres from Auckland city centre. It handles more than 70 percent of New Zealand's international air traffic and offers direct flights to Australia, Asia, North America, and Pacific Island nations. It is also a hub for Air New Zealand and several other major airlines.

奥克兰国际机场距离奥克兰市中心约20公里，承担新西兰超过70%的国际航空客运量，并提供直飞澳大利亚、亚洲、北美及太平洋岛国的航线。该机场也是新西兰航空及其他多家主要航空公司的重要枢纽机场。



2. Event Introduction / 赛事介绍

2026 “Wushu Heroes” New Zealand Wushu Ranking Open Tournament will be held in Auckland, New Zealand. The competition includes Dragon & Lion Dance Performance, Taolu and Sanda events and welcomes participants from different age groups and regions.

“武术英雄 WUSHU HEROES 2026新西兰武术公开排名邀请赛”将在新西兰奥克兰举行。比赛设有龙狮表演赛、套路和散打项目，欢迎不同年龄组别和地区的选手参加。

This event is organised by the New Zealand Wushu Dragon and Lion Dance Federation. The organising units include the New Zealand Wushu Development Trust, the Asian Community Engagement Trust. The Auckland Chinese Cultural Centre serves as a special supporting unit. NZ Wushu Academy is a co-organiser.

本赛事主办单位为新西兰武术龙狮总会。承办单位包括新西兰武术发展基金会、新西兰亚裔联动社区基金会。特别支持单位为奥克兰中国文化中心。协办单位为新西兰武术学院。

The official competition dates are 22nd – 23rd August 2026. The final registration deadline is July 23, 2026. The competition will take place in Auckland, New Zealand, at Barfoot & Thompson Stadium, located at 203 Kohimarama Road, Kohimarama, Auckland 1071.

本次比赛日期为2026年8月22日至23日，最终报名截止时间为2026年7月23日。比赛地点为新西兰奥克兰，比赛场馆为Barfoot & Thompson Stadium，地址为203 Kohimarama Road, Kohimarama, Auckland 1071。



3. Technical Information / 技术信息

3.1 Event Programme / 项目设置

The competition consists of three major categories: Dragon & Lion Dance Performance, Taolu events and Sanda events. Taolu events include traditional taolu, modern taolu, Taichi, duilian, and group events. Sanda events are conducted according to competition formats and rules specified by the organising committee and relevant IWUF regulations.

本次比赛设有三大类项目：舞龙舞狮表演赛、套路项目和散打项目。套路项目包括传统套路、现代套路、太极、对练及集体项目。散打项目则按照组委会规定的竞赛方式及国际武术联合会相关规则执行。

3.2 Dragon & Lion Dance Performance Programme / 龙狮表演项目

3.2.1 Nature and Purpose / 项目性质及宗旨

The Dragon & Lion Dance Performance Programme is a cultural exchange and showcase activity within the 2026 “Wushu Heroes” New Zealand Wushu Open Tournament. It aims to promote traditional Chinese dragon and lion dance culture, strengthen communication among dragon and lion dance teams in New Zealand, and provide a platform for schools, wushu organisations, community groups, cultural organisations, and invited teams to present their training achievements and cultural spirit.

This programme focuses on participation, exchange, cultural inheritance, teamwork, creativity, and stage presentation. It is not a professional ranking competition and does not determine first, second, or third place.

龙狮表演项目为 2026 “武术英雄” 新西兰武术公开赛中的文化交流及成果展示项



目，旨在弘扬中华传统龙狮文化，促进新西兰各地龙狮团队之间的交流与合作，并为学校、武术团体、社区组织、文化团体及受邀队伍提供展示训练成果与文化精神的平台。

本项目以“重参与、重交流、重文化传承”为核心理念，重点体现文化传承、团队协作、创意编排及舞台表现。本项目不属于专业竞技排名赛事，不设冠亚季军名次。

3.2.2 Performance Categories / 表演类别

The Dragon & Lion Dance Performance Programme may include the following categories:

1. Dragon Dance Performance / 舞龙表演
2. Traditional Southern Lion Dance / 南狮传统表演
3. Traditional Northern Lion Dance / 北狮传统表演
4. Creative Dragon & Lion Dance Performance / 创意主题龙狮表演
5. Youth Dragon & Lion Dance Performance / 青少年龙狮表演
6. School Dragon & Lion Dance Performance / 校园龙狮表演

The organising committee reserves the right to adjust, combine, or add performance categories according to the actual number and nature of entries.

龙狮表演项目可包括以下类别：

- （一）舞龙表演；
- （二）南狮传统表演；
- （三）北狮传统表演；
- （四）创意主题龙狮表演；
- （五）青少年龙狮表演；
- （六）校园龙狮表演。

大会有权根据实际报名情况，对表演类别进行调整、合并或增设。



3.2.3 Eligibility / 参演资格

The following organisations may apply to participate:

1. Member organisations of the New Zealand Wushu Dragon & Lion Dance Federation;
2. Schools and educational institutions;
3. Community organisations and non-profit organisations;
4. Cultural and performing arts groups;
5. Invited overseas teams;
6. Other teams approved by the organising committee.

All participating teams must comply with these regulations and cooperate with the overall arrangements of the organising committee.

以下团体均可报名参加：

- (一) 新西兰武术龙狮总会属下会员团体；
- (二) 各级学校及教育机构；
- (三) 社区组织及非营利机构；
- (四) 文化艺术团体；
- (五) 海外受邀队伍；
- (六) 经大会批准之其他团体。

所有参演队伍须遵守本章程及大会相关规定，并配合大会整体安排。

3.2.4 Registration and Required Materials / 报名及所需材料

The registration deadline for the Dragon & Lion Dance Performance Programme is 10 August 2026 at 11:59 PM New Zealand Time. Late registrations or late submissions may not be accepted by the organising committee.

龙狮表演项目报名截止日期为 2026 年 8 月 10 日晚上 11 时 59 分（新西兰时



间)。逾期报名或逾期提交资料者，大会有权不予受理。

Participating teams are required to submit the following materials:

1. Registration Form;
2. Team List;
3. Team Introduction;
4. Performance Introduction, if applicable;
5. Music file, if recorded music is used;
6. Props and safety information, if applicable;
7. Other materials required by the organising committee.

参演队伍须提交以下资料：

- (一) 报名表；
- (二) 参演队伍名单；
- (三) 团体简介；
- (四) 表演项目简介，如适用；
- (五) 如使用录音音乐，须提交配乐文件；
- (六) 如涉及特殊道具或高难度动作，须提交道具及安全说明；
- (七) 大会要求之其他资料。

3.2.5 Entry Fee / 报名费用

No entry fee will be charged for the Dragon & Lion Dance Performance Programme. The entry fee for this programme will be fully covered by the organiser, the New Zealand Wushu Dragon & Lion Dance Federation.

Participating teams shall be responsible for their own transportation, accommodation, meals, and other personal expenses.



龙狮表演项目不收取报名费用。本项目报名费用由主办方新西兰武术龙狮总会全额承担。

参演队伍须自行承担交通、住宿、餐饮及其他个人开支。

3.2.6 Contact Information / 联络方式

For enquiries regarding the Dragon & Lion Dance Performance Programme, please contact the organising committee:

Email: info@wlddf.org.nz

Phone: 028 8522 8911

如需咨询龙狮表演项目相关事宜，请联系大会组委会：

电子邮箱: info@wlddf.org.nz

联系电话: 028 8522 8911

3.2.7 Performance Time / 表演时间

Each team's performance time shall be 6 to 10 minutes. The organising committee reserves the right to adjust the performance time according to the event schedule.

每支参演队伍表演时间为 6 至 10 分钟。大会有权根据活动整体安排调整表演时间。

3.2.8 Team Size / 参演人数

Each participating team shall consist of a minimum of 6 and a maximum of 12 performers, unless otherwise approved by the organising committee.

每支参演队伍最少 6 人，最多 12 人。如有特殊情况，须经大会批准。

3.2.9 Music, Drums and Props / 音乐、鼓乐与道具

Participating teams may use live drums or recorded music. Teams are responsible for ensuring that all music used does not infringe any copyright or intellectual property rights. Any responsibility arising from the use of



music shall be borne by the participating team.

All props must meet safety requirements. Dangerous animals, flammable or explosive materials, weapons or replica weapons, glass items, and any other items deemed unsafe by the organising committee are strictly prohibited.

参演队伍可选择现场鼓乐伴奏或录音音乐伴奏。参演队伍须自行确保其使用之音乐不侵犯任何版权或知识产权，相关责任由参演队伍自行承担。

所有表演道具须符合安全要求。严禁使用危险动物、易燃易爆物品、武器或仿真武器、玻璃制品，以及其他经大会认定具有安全风险之物品。

3.2.10 Performance Content Requirements / 表演内容要求

The performance content must reflect positive cultural values and comply with public order, good customs, and New Zealand laws and regulations. Content involving political propaganda, religious promotion, racial discrimination, hate speech, violence, dangerous behaviour, or any material unsuitable for public performance is prohibited.

If the organising committee considers any performance content unsuitable for public presentation, it reserves the right to request modification or cancel the performance eligibility of the relevant team.

表演内容应体现积极健康的文化价值，并符合社会公序良俗及新西兰法律法规。不得包含政治宣传、宗教宣传、种族歧视、仇恨言论、暴力危险行为，或任何不适宜公开演出的内容。

如大会认为相关表演内容不适宜公开演出，有权要求修改或取消相关队伍之参演资格。

3.2.11 Evaluation System / 评议方式

The Dragon & Lion Dance Performance Programme will adopt a Panel of Judges Evaluation System. It will not use a competition scoring, deduction, or



ranking system. The judging panel will observe each performance and conduct a comprehensive evaluation based on the characteristics, strengths, cultural expression, and overall presentation of each team.

The judging panel may include experienced professionals from dragon and lion dance, wushu, culture, performing arts, education, and related fields. The decision of the judging panel shall be final, and no appeal process will be available.

龙狮表演项目采用评委团评议制度，不采用竞技赛事积分、扣分或排名制度。评委团将对各参演队伍的表演进行观摩，并根据各队伍的特色亮点、文化表达及整体表现进行综合评议。

评委团可由来自龙狮、武术、文化、表演艺术、教育及相关领域的专业人士组成。评委团之决定为最终结果，不设上诉机制。

3.2.12 Evaluation Criteria / 评议重点

Evaluation criteria include but are not limited to:

1. Dragon and lion dance technique and expressiveness;
2. Character expression and spirit;
3. Team coordination and cooperation;
4. Drumming, rhythm, and musical coordination;
5. Theme design and creative choreography;
6. Cultural authenticity and traditional spirit;
7. Overall stage presentation and audience engagement;
8. Community participation and exchange spirit.

评议重点包括但不限于：



- (一) 龙狮技巧与表现力；
- (二) 神态塑造与精神表达；
- (三) 团队默契与协作能力；
- (四) 鼓乐节奏与配合；
- (五) 主题设计与创意编排；
- (六) 文化特色与传统精神呈现；
- (七) 整体舞台表现及现场感染力；
- (八) 社区参与及交流精神。

3.2.13 Honour Awards / 荣誉奖项

The organising committee may present the following honour awards:

1. Golden Dragon & Lion Award / 金龙狮大奖
2. Dynamic Rhythm Award / 最佳鼓乐节奏奖
3. Best Character Expression Award / 最佳神韵表现奖
4. Agile Movement Award / 最佳灵动技巧奖
5. Team Synchronisation Award / 最佳团队协作奖
6. Vibrant Energy Award / 最佳活力表现奖
7. Creative Choreography Award / 最佳创意编排奖
8. Cultural Authenticity Award / 最佳文化传承奖
9. Audience Choice Award / 最受欢迎队伍奖

The Audience Choice Award may be determined by audience voting. The remaining awards will be determined by the judging panel based on the purpose of each award and the overall performance of each team.

The same participating team may receive one or more honour awards. If the judging panel determines that the standard for a specific award has not been



met, the organising committee reserves the right not to present that award. All participating teams will receive participation certificates in recognition of their contribution to the promotion and inheritance of dragon and lion dance culture.

大会可设立以下荣誉奖项：

- (一) Golden Dragon & Lion Award (金龙狮大奖)；
- (二) Dynamic Rhythm Award (最佳鼓乐节奏奖)；
- (三) Best Character Expression Award (最佳神韵表现奖)；
- (四) Agile Movement Award (最佳灵动技巧奖)；
- (五) Team Synchronisation Award (最佳团队协作奖)；
- (六) Vibrant Energy Award (最佳活力表现奖)；
- (七) Creative Choreography Award (最佳创意编排奖)；
- (八) Cultural Authenticity Award (最佳文化传承奖)；
- (九) Audience Choice Award (最受欢迎队伍奖)。

最受欢迎队伍奖可由现场观众投票产生。其余奖项由评委团根据各奖项宗旨及各队伍整体表现进行综合评议后决定。

同一参演队伍可获得一个或多个荣誉奖项。如评委团认为某奖项未达到授予标准，大会有权保留该奖项不予颁发。所有参演队伍均将获得大会颁发之参演证书，以表彰其对龙狮文化传承与推广所作出的贡献。

3.2.14 Safety Requirements / 安全要求

Participating teams are responsible for ensuring the safety of all performers and must implement appropriate risk management measures. Participants under the age of 18 must obtain consent from a parent or legal guardian before participating.

Teams performing high-pole, aerial, acrobatic, or other high-risk movements



must assume the relevant risks, provide safety mats that meet safety standards, ensure all equipment is safe and suitable for use, and arrange sufficient safety personnel.

If the organising committee considers any performance, movement, prop, or equipment to pose a safety risk, it reserves the right to request modification, suspension, or cancellation of the performance. The decision of the organising committee shall be final.

参演队伍须自行确保所有参演人员之安全，并采取适当风险管理措施。十八岁以下参演者须获得家长或法定监护人同意后方可参加活动。

涉及高桩、高空动作、技巧动作或其他高风险动作之队伍，须自行承担相关风险，自备符合安全标准之安全垫，确保相关设备符合安全要求，并安排足够之安全保护人员。

如大会认为任何表演、动作、道具或设备存在安全隐患，有权要求修改、暂停或取消相关表演。大会之决定为最终决定。

3.2.15 Media Release and Image Rights / 影像授权

All participating teams agree that the organising committee may take photographs, videos, audio recordings, and media interviews during the event. The New Zealand Wushu Dragon & Lion Dance Federation may use such materials for event promotion, cultural promotion, educational purposes, media publication, and non-commercial promotional activities without additional compensation.

所有参演队伍同意大会于活动期间进行摄影、录像、录音及媒体采访。新西兰武术龙狮总会有权将相关照片、影像及录音资料用于赛事宣传、文化推广、教育用途、媒体发布及非商业宣传活动，而无需另行支付报酬。



3.3 Taolu Competition / 套路比赛

3.3.1 Overview / 项目概述

Taolu is an official competition event of the 2026 “Wushu Heroes” New Zealand Wushu Open Tournament. Taolu events include Traditional Taolu, Modern Taolu, Taichi, Duilian, and Group Events.

套路为 2026 “武术英雄” 新西兰武术公开赛正式竞赛项目。套路项目包括传统套路、现代套路、太极、对练及集体项目。

3.3.2 Age Groups / 年龄组别

The Taolu age groups are divided as follows:

套路项目按年龄划分如下:

1. Senior Group: 60 years old and above
高年组: 60 岁及以上
2. Middle-age Group: 41 - 59 years old
中年组: 41 至 59 岁
3. Adult Group: 18 - 40 years old
成人组: 18 至 40 岁
4. Youth Group: 15 - 17 years old
青年组: 15 至 17 岁
5. Junior Group: 12 - 14 years old
少年组: 12 至 14 岁
6. Children Group: 11 years old and below
儿童组: 11 岁及以下



3.3.3 Competition Events / 竞赛项目

3.3.3.1 Open Category Events for Adult, Middle-age and Senior Groups / 成人组、中年组及高年组公开组项目

For the Adult Group, Middle-age Group, and Senior Group, Taolu events are arranged under the Open Category as optional events. The applicable age groups are as follows: Adult Group, 18 - 40 years old; Middle-age Group, 41 - 59 years old; and Senior Group, 60 years old and above.

The Open Category includes two types of individual events: Individual Bare-hand Routines and Individual Weapon Routines.

成人组、中年组及高年组套路项目设为公开组自选项目。适用年龄组如下：成人组，18 至 40 岁；中年组，41 至 59 岁；高年组，60 岁及以上。

公开组包括两类个人项目：个人徒手项目及个人器械项目。

A. Individual Bare-hand Routines / 个人徒手项目

Routine Type / 套路类型	Individual Bare-hand Routine / 个人徒手项目
Taijiquan-type routines / 太极拳类	Chen Style, Yang Style, 42-movements Taijiquan / 陈式、杨式、42式太极拳 Other Taijiquan-type Routines: Wu Style, Wu Style, Sun Style, Zhaobao Style and others / 其他太极拳类：吴式、武式、孙式、赵堡式及其他
Nanquan-type routines / 南拳类	Yongchunquan (Wing-chun), Cailifoquan (Choy-lay-fut), Hongjiaquan (Hung-gar). / 咏春拳、蔡李佛拳、洪家拳 Other Nanquan-type Routines: Wuzuquan (Ngo-cho), Liujiaquan (Lau-gar), Caijiaquan (Choi-gar), Lijiaquan (Li-gar), Mojiacqu (Mok-gar), Baimeiquan and others / 其他南拳类：五祖拳、刘家拳、蔡家拳、李家拳、莫家拳、白眉拳及其他
First-type bare-hand routines / 第一类徒手项目	Xingyiquan, Baguazhang, Bajiquan / 形意拳、八卦掌、八极拳
Second-type bare-hand routines / 第二类徒手项目	Tongbiquan, Piguaquan, Fanziquan / 通背拳、劈挂拳、翻子拳
Third-type bare-hand routines / 第三类徒手项目	Yingzhaoquan (Eagle style), Tanglangquan (Mantis style) / 鹰爪拳、螳螂拳 Other Third-type bare-hand routines: Drunken Fist, Snake Fist and Ground Tumbling Fist and others / 其他第三类徒手项目：醉拳、蛇拳、地躺拳及其他
Fourth-type bare-hand routines / 第四类徒手项目	Chaquan, Huaquan, Paoquan, Hongquan / 查拳、华拳、炮拳、红拳
Fifth-type bare-hand routines / 第五类徒手项目	Shaolinquan, Wudangquan, Emeiquan and others / 少林拳、武当拳、峨眉拳及其他



B. Individual Weapon Routines / 个人器械项目

Routine Type / 套路类型	Individual Weapon Routine / 个人器械项目
Single-weapon routines 单器械项目	Dao (Broadsword), Jian (Straight Sword), Gun (Cudgel/Staff), Qiang (Spear), Pudaο, Guandao (Kwan-dao), Shanzi (Fan), Nandao (Southern Broadsword), Nangun (Southern Staff/Cudgel), Taijidaο, Taijiqiang, Taijijian, 42-movements Taijijian, Taijishan 刀、剑、棍、枪、朴刀、关刀、扇、南刀、南棍、太极刀、太极枪、太极剑、42式太极剑、太极扇 Other Single-weapon Routines: Zuijian (Drunken Sword), Bishou (Dagger), Changsuijian (Long Tassel Straight Sword) and others 其他单器械项目：醉剑、匕首、长穗剑及其他
Double-weapon routines 双器械项目	Shuangdao (Double Broadsword), Shuangbishou (Double Daggers), Shuangjian (Double Straight Sword/Double Long Tassel Straight Sword) 双刀、双匕首、双剑（双直剑/双长穗剑） Other Double-weapon routines 其他双器械项目
Flexible/Soft-weapon routines 软器械项目	Jiujiebian (Nine Section Whip Chain) 九节鞭 Other Flexible/Soft-weapon Routines: Shuangjiégun (Nunchucks), Liuxingchui (Meteor Hammer), Shengbiao (Rope Dart), Sanjiégun (Three Section Staff), Shuangjiujiebian and others 其他软器械项目：双节棍、流星锤、绳镖、三节棍、双九节鞭及其他

3.3.3.2 Youth Group (Group A 15 - 17 years old) / 青年组（A 组 15至17岁）

Competition Category / 竞赛类别：

The 3rd Set of International Wushu Competition Routines

第三套国际武术竞赛套路

Routine Type / 套路类别	Bare-hand Routine / 拳术	Short Weapon / 短兵器	Long Weapon / 长兵器
Changquan / 长拳	Changquan / 长拳	Daoshu, Jianshu / 刀术、剑术	Gunshu, Qiangshu / 棍术、枪术
Nanquan / 南拳	Nanquan / 南拳	Nandao / 南刀	Nangun / 南棍
Tai Chi / 太极	Taijiquan / 太极拳	Tai Chi Routine 1 / 太极套路一 Taijijian / 太极剑	Tai Chi Routine 2 / 太极套路二 Taijishan / 太极扇



3.3.3.3 Junior Group (Group B 12 - 14 years old) / 少年组 (B 组 12至14岁)

Competition Category / 竞赛类别:

1st Set of International Wushu Competition Routine

第一套国际武术竞赛套路

Routine Type / 套路类别	Bare-hand Routine / 拳术	Short Weapon / 短兵器	Long Weapon / 长兵器
Changquan / 长拳	Changquan / 长拳	Daoshu, Jianshu / 刀术、剑术	Gunshu, Qiangshu / 棍术、枪术
Nanquan / 南拳	Nanquan / 南拳	Nandao / 南刀	Nangun / 南棍
Tai Chi / 太极	Taijiquan (42 Forms) / 42 式太极拳	Taijijian (42 Forms) / 42 式太极剑	—

3.3.3.4 Children Group (Group C 11 years old and below) / 儿童组 (C 组 11岁及以下)

Competition Category / 竞赛类别:

Elementary Routine: 初级套路

RoutineType/套路类别	Bare-handRoutine/拳术	ShortWeapon/短兵器	LongWeapon/长兵器
Changquan / 长拳	Changquan (No. 3 Elementary Routine) / 第三路长拳	Daoshu, Jianshu / 刀术、剑术	Gunshu, Qiangshu / 棍术、枪术
Nanquan / 南拳	Nanquan / 南拳	Nandao / 南刀	Nangun / 南棍
Tai Chi / 太极	Taijiquan (24 Forms) / 24 式太极拳	Taijijian (32 Forms) / 32 式太极剑	—

3.3.4 Duilian and Group Events / 对练及集体项目

For Duilian events, each team shall consist of two or three participants and may perform barehanded routines, weapon routines, or mixed routines. Duilian events are divided by gender.



对练项目由 2 至 3 人组成，可进行徒手、器械或徒手与器械混合对练，并按性别分组。

For Group Taichi events, each team must consist of at least five participants, with no gender restrictions.

集体太极项目每队至少 5 人，性别不限。

3.3.5 Duration Requirements / 项目时长要求

The duration requirements for Taolu events vary according to category.

套路项目的时长要求根据项目类别有所不同。

1. Elementary Changquan and Nanquan events have no time limit.
初级长拳、南拳项目无时间限制。
2. International 3rd Set and International 1st Set Changquan and Nanquan routines must be no shorter than 1 minute and 20 seconds.
国际第三套、国际第一套长拳和南拳项目不得少于 1 分 20 秒。
3. Third-set Taijiquan, Taijijian, Taiji Fan, and 32-form Taijijian routines should last 3 - 4 minutes.
第三套太极拳、太极剑、太极扇及 32 式太极剑项目时长为 3 至 4 分钟。
4. 42-form Taijijian and 24-form Taijiquan routines should last 4 - 5 minutes.
42 式太极剑及 24 式太极拳项目时长为 4 至 5 分钟。
5. 42-form Taijiquan routines should last 5 - 6 minutes.
42 式太极拳项目时长为 5 至 6 分钟。
6. Other traditional weapon routines must be no shorter than 1 minute.
其他传统器械项目不少于 1 分钟。
7. Traditional Taichi routines should last 3 - 4 minutes.



传统太极项目时长为 3 至 4 分钟。

8. Traditional routines and Duilian events must be no shorter than 40 seconds.

传统套路及对练项目不少于 40 秒。

9. Group events with background music should last 3 - 4 minutes.

集体项目需配乐，时长为 3 至 4 分钟。

3.3.6 Event Arrangement and Registration / 项目编排与报名规定

If an individual event has three or more participants, awards will be arranged for that event. If fewer than two participants register, the event may be merged with the nearest suitable or adjacent category. All registration information must be accurate and truthful. On-site registration, event changes, or participant substitutions will not be accepted unless specifically approved under the competition regulations.

单项报名人数达到 3 人或以上时，该项目将计入奖项；若报名人数少于 2 人，则可能与相邻或相近组别合并。所有报名信息必须真实准确。除赛事规程特别批准的情况外，不接受现场报名、现场更改项目或临时更换参赛人员。

3.3.7 Music Requirements / 配乐要求

Group events must use background music without vocals. Participating teams must submit their background music by email when submitting the final registration form. If the music contains vocals, 0.1 points will be deducted.

集体项目须使用无声乐人声的背景音乐。参赛队须在提交最终报名表时通过电子邮件发送配乐。如配乐中含有人声，将扣 0.1 分。

3.3.8 Judging Rules / 评分规则

Taolu judging will be based on the IWUF 2025 International Routine Rules and the 2019 Traditional Wushu Competition Rules and Judging Methods. Unless



otherwise specified in these regulations, the competition will be conducted according to the 2019 International Wushu Federation Traditional Wushu Competition Rules and Judging Methods. Judging results are final, and no appeal process will be available.

套路比赛评判将依据《IWUF 2025 国际套路规则》及《2019 国际传统武术竞赛规则与裁判法》执行。除本规程另有规定外，比赛将依照《2019 国际武术联合会传统武术竞赛规则与裁判法》进行。裁判结果为最终结果，不设申诉流程。

3.3.9 Check-in / 检录

Athletes must report to the check-in area before competition. The first check-in takes place 30 minutes before the event starts, the second check-in takes place 20 minutes before the event starts, and the final check-in takes place 10 minutes before the event starts. Failure to check in will be regarded as withdrawal from the event.

运动员须在比赛前到检录区报到。开赛前 30 分钟进行第一次检录，开赛前 20 分钟进行第二次检录，开赛前 10 分钟进行最后检录。未按时检录者将视为弃权。

3.3.10 Uniforms and Equipment / 服装与器械

All participants must wear proper competition uniforms and prepare equipment that complies with competition rules. The organiser will provide two number bibs measuring 20 centimetres by 15 centimetres. National or regional representative team uniforms must be worn during the opening and closing ceremonies.

所有参赛选手必须穿着符合规定的比赛服装，并自行准备符合竞赛规则的器械。主办方将提供两块号码布，尺寸为 20 厘米 × 15 厘米。开幕式和闭幕式期间，须穿着国家或地区代表队服装。



3.3.11 Awards / 奖项设置

Taolu events will present awards for First Place, Second Place, Third Place, as well as First Prize, Second Prize, and Third Prize. Athletes in each event will first receive placement awards based on the final competition rankings for First Place, Second Place, and Third Place. After the placement awards are presented, the remaining participants will be awarded First Prize, Second Prize, and Third Prize according to the following proportions: approximately 20% for First Prize, 30% for Second Prize, and 50% for Third Prize.

First Prize winners will receive a medal and certificate, Second Prize winners will receive a silver medal and certificate, and Third Prize winners will receive a bronze medal and certificate. Athletes receiving First Place, Second Place, and Third Place awards are required to attend the official award ceremony. All other awards must be collected collectively by the team leader at the awards collection area and cannot be collected individually.

套路比赛设第一名、第二名、第三名，以及一等奖、二等奖、三等奖。各项目将首先根据最终比赛成绩颁发第一名、第二名及第三名；在名次奖颁发完成后，其余参赛选手再按照以下比例评定一等奖、二等奖及三等奖：一等奖约占参赛人数 20%，二等奖约占 30%，三等奖约占 50%。

一等奖获得奖牌及证书，二等奖获得银牌及证书，三等奖获得铜牌及证书。第一名、第二名及第三名获奖运动员需参加现场颁奖仪式。其余奖项将由各队领队统一前往领奖处集中领取，不支持个人单独领取。

3.4 Sanda Competition / 散打比赛

3.4.1 Overview / 项目概述

Sanda is an official competition event of the 2026 “Wushu Heroes” New



Zealand Wushu Open Tournament. Sanda events are divided by age group, gender, and weight category.

散打为 2026 “武术英雄” 新西兰武术公开赛正式竞赛项目。散打项目按年龄组别、性别及体重级别划分。

3.4.2 Age Groups and Weight Categories / 年龄组别及体重级别

3.4.2.1 Open Category / 公开组

Age 18 - 40

Year of Birth: 1986 - 2008

18 至 40 岁

1986 年至 2008 年出生

GENDER / 性别	WEIGHT CATEGORIES / 体重级别
MALE / 男子组	48KG, 52KG, 56KG, 60KG, 65KG, 70KG, 75KG, 80KG, 85KG, 90KG, 100KG
FEMALE / 女子组	42KG, 45KG, 48KG, 52KG, 56KG, 60KG, 65KG, 70KG

3.4.2.2 Youth Category / 青年组

Age 15 - 17

Year of Birth: 2009 - 2011

15 至 17 岁

2009 年至 2011 年出生

GENDER / 性别	WEIGHT CATEGORIES / 体重级别
MALE / 男子组	48KG, 52KG, 56KG, 60KG, 65KG, 70KG, 75KG, 80KG, 85KG, 90KG
FEMALE / 女子组	42KG, 45KG, 48KG, 52KG, 56KG, 60KG, 65KG, 70KG

3.4.2.3 Junior Category / 少年组

Age 12 - 14

Year of Birth: 2012 - 2014



12 至 14 岁

2012 年至 2014 年出生

GENDER / 性别	WEIGHT CATEGORIES / 体重级别
MALE / 男子组	39KG, 42KG, 45KG, 48KG, 52KG, 56KG, 60KG, 64KG, 68KG, 72KG
FEMALE / 女子组	39KG, 42KG, 45KG, 48KG, 52KG, 56KG, 60KG, 64KG

3.4.2.4 Children Category / 儿童组

Age 9 - 11

Year of Birth: 2015 - 2017

9 至 11 岁

2015 年至 2017 年出生

GENDER / 性别	WEIGHT CATEGORIES / 体重级别
MALE / 男子组	26KG, 28KG, 30KG, 32KG, 34KG, 36KG, 39KG, 42KG, 45KG, 48KG
FEMALE / 女子组	26KG, 28KG, 30KG, 32KG, 34KG, 36KG, 39KG, 42KG, 45KG, 48KG

3.4.2.5 U9 Category / U9 组

U9 Mixed Category

Male / Female Mixed

U9 男女混组

男子 / 女子混合组

GENDER / 性别	WEIGHT CATEGORIES / 体重级别
MALE / FEMALE MIXED / 男女混组	24KG, 26KG, 28KG, 30KG

3.4.3 Competition Format / 竞赛方式

Sanda events will use a knockout format, including finals, semifinals, and third-place matches. Quarterfinals may be arranged when the number of



participants is sufficient. If only two participants are registered in a category, they will proceed directly to the final. If only one participant is registered, the bout will be arranged as an exhibition match.

散打项目采用淘汰制，包括决赛、半决赛及季军赛。参赛人数较多时，可设置四分之一决赛。若某组别仅有两名选手报名，则直接进入决赛；若仅有一名选手报名，则安排为表演赛。

3.4.4 Round Duration / 回合时长

Each Sanda match consists of three rounds, with a 60-second break between rounds.

每场散打比赛为 3 个回合，回合之间休息 60 秒。

Category组别	AgeGroup年龄组别	RoundDuration每回合时长	Break回合间休息
Open Category 公开组	Age 18 - 40 / 18 至 40 岁	120 seconds / 120 秒	60 seconds / 60 秒
Youth Category 青年组	Age 15 - 17 / 15 至 17 岁	90 seconds / 90 秒	60 seconds / 60 秒
Junior Category 少年组	Age 12 - 14 / 12 至 14 岁	90 seconds / 90 秒	60 seconds / 60 秒
Children Category 儿童组	Age 9 - 11 / 9 至 11 岁	90 seconds / 90 秒	60 seconds / 60 秒
U9 Category U9 组	Age 7 - 9 / 7 至 9 岁	60 seconds / 60 秒	60 seconds / 60 秒

3.4.5 Competition Rules / 比赛规则

Sanda weight categories will be arranged according to the detailed divisions listed in the official English version. The rules will be based on the IWUF 2024 Wushu Sanshou Competition Rules and Refereeing Methods.

散打体重组别将根据英文原版所列详细级别执行。比赛规则依据《IWUF 2024 武术



散打竞赛规则与裁判法》执行。

3.4.6 Awards / 奖项设置

Sanda awards include First Place, Second Place, Third Place, as well as First Prize, Second Prize, and Third Prize awards. Athletes will first be ranked according to the final competition results and awarded First Place, Second Place, and Third Place accordingly. After the placement awards are presented, First Prize, Second Prize, and Third Prize awards will then be distributed based on the competition award system. First Prize winners will receive a medal and certificate, Second Prize winners will receive a silver medal and certificate, and Third Prize winners, including tied Third Place athletes, will receive a bronze medal and certificate.

散打比赛设第一名、第二名、第三名（包括并列第三名），以及一等奖、二等奖、三等奖。各级别将首先根据最终比赛成绩颁发第一名、第二名及第三名；在名次奖颁发完成后，再按照赛事奖项制度颁发一等奖、二等奖及三等奖。一等奖获得奖牌和证书，二等奖获得银牌和证书，三等奖获得铜牌和证书。

3.4.7 Event Arrangement / 项目编排

Sanda events may be adjusted according to the number of registered athletes in each category. Quarterfinals, semifinals, finals, third-place matches, direct finals, or exhibition matches may be arranged according to the actual registration situation and the decision of the organising committee.

散打项目可根据各级别实际报名人数进行调整。大会可根据报名情况及组委会决定，安排四分之一决赛、半决赛、决赛、季军赛、直接决赛或表演赛。

4. Team Registration Method / 报名方式

Participants may complete registration through the official online registration link or by scanning the Registration QR codes provided by the Organising Committee.

For registration enquiries or assistance, please contact the Organising Committee by email.

参赛者可通过官方线上报名链接，或扫描大会提供的报名二维码完成报名。

如有报名相关问题或需要协助，请通过电子邮件联系大会组委会。

中文报名

Chinese registration portal



English registration

英文报名入口



Registration Link / 报名链接:

<https://kungfuwushu.org.nz/competition-registration.html>

Email / 邮箱:

info@wdldf.org.nz

5. Team Participants and Certificates / 随队人员与参与证书

Each participating team may have a maximum of four accompanying officials, including one team leader, two coaches, and one team doctor. There is no fixed limit on the number of athletes. Each team may also register a maximum of



one Taolu judge and one Sanda judge.

每支参赛队最多可配备4名随队官员，包括1名领队、2名教练和1名队医。运动员人数不设固定限制。每队最多可报名1名套路裁判和1名散打裁判。

All registered participants, including team leaders, coaches, medical staff, observers, and athletes, will receive a “WUSHU HEROES” participation certificate.

所有注册人员,包括领队、教练、医务人员、观察员及运动员,均将获得“WUSHU HEROES”参与证书。

6. Award Ceremony Requirements / 颁奖典礼要求

All winners must attend the award ceremony in person. Hats, sunglasses, and similar items are not permitted during the ceremony.

所有获奖选手必须亲自出席颁奖典礼。颁奖期间不得佩戴帽子、墨镜等物品。

Athletes, team officials, and accompanying personnel must remain in designated areas and comply with all competition venue regulations. They must not bring any national, political, cultural, or religious insignia onto the podium or into restricted areas in violation of event rules.

运动员、队伍官员及随队人员须在指定区域活动，并遵守赛场各项规定。不得违反赛事规定，将任何国家、政治、文化或宗教标识带上领奖台或带入限制区域。

7. Other Regulations / 其他规定

Each participating team leader and coach must attend the organising committee and technical meeting on time. The meeting is scheduled at 13:30 p.m. on July



18, 2026, at the main training centre of the New Zealand Wushu Development Trust, located at 36 Galway Street, Onehunga.

各参赛队领队和教练须按时参加组委会及技术会议。会议时间为2026年7月18日下午13:30，地点为新西兰武术发展基金会主训练中心，地址为36 Galway Street, Onehunga。

Upon check-in, each participating team must submit health certificates. The medical team will check athletes' health status, personal accident injury insurance, and liability declarations. Athletes or teams that fail to complete these requirements will not be allowed to participate. If any issue is discovered, participation eligibility may be revoked.

各参赛队报到时须提交健康证明。赛事医务组将检查运动员身体健康状况、个人意外伤害保险及责任声明书。未完成相关手续者不得参赛；如发现问题，参赛资格可能被取消。

Athletes must attend check-in 30 minutes before competition and wait in the check-in area before entering the field of play. Any athlete who misses check-in three times will be treated as having forfeited. If an athlete forfeits without valid reason, all results for that athlete in the competition may be cancelled.

运动员须在赛前30分钟参加检录，并在上场前到检录处等候。三次检录未到者，按弃权处理。运动员如无故弃权，其在本次比赛中的全部成绩可能被取消。

Athletes must prepare their own competition clothing and equipment. Traditional-style martial arts clothing and martial arts shoes are required. Athletes should also prepare their own medical supplies, and the organiser does not assume responsibility for accidents or injuries during the event. 运动员须自行准备比赛服装和器械，并按要求穿着传统形式的武术服装和武术鞋。



运动员还应自行准备必要医疗用品，赛事主办方不承担比赛期间意外事故或伤害责任。

After check-in, participating teams should carefully read the order booklet. If there are objections regarding event arrangements or names, the athlete, team leader, or coach must complete and sign an application form and submit it to the competition department of the organising committee by 11:00 a.m. on August 18, 2026. A contact number must be provided. If the requested correction matches the original registration record, it will be corrected; if it does not match the original registration record, no change will be made.

报到后，各参赛队须认真阅读秩序册内容。若对项目编排或姓名信息有异议，运动员本人、领队或教练须填写并签署申请表，并于2026年8月18日上午11:00前递交至组委会竞赛部，同时务必注明联系电话。经核查，如申请内容与原始报名表相符，将予以更正；如与原始报名表不符，则不予更改。

If special circumstances require an athlete to change a registered event, the team leader or coach must submit a written and signed application to the competition department by 11:00 a.m. on August 18, 2026, with a contact number included. After approval, a fee of NZD 50 will be charged for each event change.

若运动员因特殊情况需要更改参赛项目，须由领队或教练签字，并于2026年8月18日上午11:00前向竞赛部提交书面申请，同时注明联系电话。经批准后，每更换一个项目须缴纳50新西兰元费用。

Participating teams must maintain safe distance when entering the competition area and must show valid credentials when entering or leaving venues, hotels, and other relevant areas. Any matters not covered in the regulations will be announced separately by the organising committee.



各参赛队进入赛区时须注意保持安全距离，并凭有效证件进出场馆、酒店及其他相关区域。未尽事宜，由组委会另行通知。

8. Schedule / 日程安排

The New Zealand Wushu Dragon and Lion Dance Federation will hold a Wushu and Sanda Referee Training Course on Sunday, 26 July 2026 at 2:00 PM. Each team may nominate 1 - 2 coaches to attend. Participants who pass the examination will receive an official referee certificate issued by the Federation. All referees for this event must be certified. Venue: Wushu Development Trust Main Training Centre, 36 Galway Street, Onehunga.

为进一步规范赛事裁判工作、提升武术及散打项目的执裁水平，New Zealand Wushu Dragon and Lion Dance Federation将于2026年7月26日（星期日）下午14:00举办武术及散打裁判员培训。各参赛队伍可选派1至2位教练员参加培训，完成培训并通过考试者，将获得由总会颁发的正式裁判员证书。根据本次赛事要求，所有裁判员均须持证上岗。培训地点设于Wushu Development Trust主训练中心，地址为36 Galway Street, Onehunga。请各队伍提前做好相关安排，并按时参加培训。

9. Liability Declaration / 责任声明

Each athlete must read, understand, and comply with the liability declaration for the 2026 “Wushu Heroes” New Zealand Wushu Ranking Open Tournament. Athletes must clearly understand that they bear full responsibility for any accidental injury or fatality that may occur during the event. The organiser and contractor do not assume responsibility for accidents or disasters occurring during the competition.



每名运动员须阅读、理解并遵守《武术英雄新西兰武术公开排名邀请赛》。运动员须清楚了解，在赛事期间如发生任何意外伤亡事故，参赛运动员须自行承担完全责任。主办方和承办方对比赛期间发生的任何意外事故或灾害不承担责任。

Athletes must guarantee that they have not taken any prohibited drugs, stimulants, or narcotics, and that they have not participated in or been suspected of any illegal activities. They must also confirm that they are physically and mentally healthy and fit to participate in competitive events.

运动员须保证未摄取任何违禁药物、兴奋剂或毒品，并保证未参与或涉嫌任何违法活动。同时，运动员须确认本人身体及精神状况健康，适合参加竞技比赛。

Athletes are responsible for taking care of their personal belongings and valuables. The organiser and contractor do not assume responsibility for any loss, theft, or damage occurring within the competition area. Athletes must also understand that any medical assistance provided during the event is basic first aid, and responsibility for accidents arising during emergency treatment rests with the participating teams and athletes.

运动员须自行保管个人财物及贵重物品。比赛场地内发生的任何遗失、盗窃或损坏事件，主办方和承办方不承担责任。运动员还须了解，赛事期间承办单位提供的医疗救援措施为基本急救方式；在急救过程中发生的任何意外事故，责任由参赛队伍和运动员承担。

Athletes agree to comply with all event rules and regulations formulated by the International Wushu Federation. Any disputes must be handled in accordance with the arbitration procedures of the event. Athletes also consent that their activities, including training, competition, and other event-related activities, may be photographed, recorded, broadcast, or otherwise used by the New Zealand Wushu Development Trust for media, promotional, archival, or other necessary purposes without claim or



compensation.

运动员同意遵守国际武术联合会制定的所有赛事规则、规程及相关规定。如有任何争议，须按照赛事仲裁程序处理。运动员同时同意，其训练、比赛及其他赛事相关活动可能被拍摄、录影、直播或用于其他媒体传播，并同意新西兰武术发展基金会在今后有需要时，以全部或部分形式使用其姓名、声音、动作、图像及相关资料，用于媒体宣传、赛事记录或其他必要用途，运动员不得提出追讨或赔偿。

By signing the declaration, the athlete acknowledges, agrees, and confirms that they have read, understood, and accepted all terms and matters listed in the declaration. Each athlete must complete one declaration form. Athletes under the age of 18 must have the form signed by a parent or legal guardian.

运动员签署声明书，即表示其承认、同意并确认已经阅读、明确理解并接受声明书中所列全部条款和事项。每名参赛队员须填写一份声明书。未满18岁的运动员须由家长或法定监护人签名。